CLAIMS

- 1. A stimulation aid comprising a generally u-shaped implement having a first handle portion and a second penetrative shaft portion connected together at their respective proximal ends, said shaft portion being curved re-entrantly at its distal end to form a smooth nosed hook and said handle portion having an inner face adapted to act as an outer stimulator zone.
- 2. A stimulation aid as claimed in claim 1, wherein the outer stimulator zone comprises a plurality of transversely extending ribs.
- 3. A stimulation aid as claimed in claim 1, wherein an outer face of the handle portion is provided with contoured means to aid manual gripping thereof.
- 4. A stimulation aid as claimed in claim 1, wherein the shaft portion tapers from its proximal to its distal end.
- 5. A stimulation aid as claimed in claim 1, wherein the shaft portion is contoured along its length for additional stimulation.
- 6. A stimulation aid as claimed in claim 1, wherein the handle portion and the shaft portion diverge at a general angle in the range of 20° to 45°.
- 7. A stimulation aid as claimed in claim 1, comprising a resiliently deformable elastomeric material.

- 8. A stimulation aid as claimed in claim 1, provided with means to cause vibrational motion over at least part of the overall surface thereof.
- 9. A stimulation aid as claimed in claim 8, wherein the means to cause vibrational motion is electrically powered.
- 10. A stimulation aid as claimed in claim 8, wherein the means to cause vibrational motion is adapted to move both the handle portion and the shaft portion.
- 11. A stimulation aid as claimed in claim 1, wherein recess means is provided to receive a means to cause vibrational motion separable from the aid.
- 12. A stimulation aid as claimed in claim 11, wherein the recess means is adapted also to receive a heating means.
- 13. A stimulation aid as claimed in claim 11, wherein said recess means extends generally proximally from a distal end of the handle portion.
- 14. A stimulation aid as claimed in claim 11, wherein said recess means is configured to retain a variety of means to cause vibrational motion having a range of different dimensions.

- 15. A stimulation aid as claimed in claim 1, further comprising a means of anal stimulation.
- 16. A stimulation aid comprising two generally u-shaped implements as claimed in claim1, each mounted to a respective end of a connecting member.
- 17. A stimulation aid as claimed in claim 16, wherein each said implement is pivotably mounted to the connecting member.